# Report on Women's Day Celebration at Government Polytechnic Valsad

Date: 6-03-2025 Venue: Government Polytechnic Valsad Organized by: Women Development Cell

# Celebrating International Women's Day with Strength, Confidence & Joy! 🖄 🗱

Government Polytechnic Valsad organized a Self-defence Awareness Program to empower women with essential self-protection skills. The session was conducted by Mr. Nilesh Kosia (JILLA KANUNI SEVA SATTA MANDAL, VALSAD), where around 120 students and 30 female staff participated with great enthusiasm.

#### Inauguration Ceremony

The event began with a warm welcome, as Principal Madam Mrs. Rinku Shukla presented a plant to the guest. This symbolic gesture represented growth and resilience.

Self-defence Awareness Session. Mr. Kosia demonstrated various self-defence techniques for different situations, which all participants actively engaged in and enjoyed. His practical demonstrations and detailed explanations provided valuable insights into personal safety and empowerment.

#### Motivational Speeches

Adding to the inspiration, Mrs. Avni Parmar and Miss N.A. Thakor delivered powerful motivational speeches. They emphasized the importance of self-confidence, resilience, and the role of women in shaping a progressive society.

Key Message:

A woman must strive to be financially stable and independent in her actions and thoughts. Emotional Quotient (EQ) is not a weakness but a real strength, helping to apply Intelligence Quotient (IQ) in the right direction. Self-belief is crucial; when a woman believes in herself, others and society begin to believe in her too. Empowerment is not just for personal growth; women must support and uplift other women to truly achieve collective empowerment and accelerate progress. Women have been subject to inequality for ages across the world. The reformations are taking place at such a slow pace that women still face discrimination at home, work place and the society at large. Even after laws are made for women, they have not been able to progress at the pace they should have. Women have to take it upon themselves to fight for their rights. Sincerity and seriousness towards education and career is their only path to liberation. The takeaway of the session was to not ask for equality but to be equal by improving one's capability.

#### Alumni Interaction

A special session was held with alumni from the 2012 batch who pursued further studies at GEC Valsad and completed their MTech from M.S. University, Vadodara. Mrs. Sahista Patel (deputy executive engineer, Gujarat water supply department) and Miss Pooja Patel (Assistant engineer, R and B department) shared their journeys from Valsad Polytechnic to securing government jobs, inspiring students to set goals and achieve them through dedication and hard work. The alumni also highlighted the significance of women empowerment and financial independence.

### **Cultural Performances**

The celebration was further enriched with vibrant performances by students from the IT and Chemical Departments. Energetic dance routines and an exciting fashion show added a festive touch to the event, making it even more memorable.

# **Coordination and Acknowledgment**

The program was successfully coordinated by Mrs. K.S. Damania, the Coordinator of the Women Development Cell, along with her dedicated team. Their efforts ensured the seamless execution of the event.

# Conclusion

The Women's Day celebration at Government Polytechnic Valsad was a resounding success. It not only celebrated the achievements and strength of women but also inspired everyone to contribute towards a more equitable and empowered society.

Photographs and Media Coverage:

The inspiring moments from the event have been captured and will be shared on the institute's official website and social media platforms.

